

YOUTH SPORTS TEMPORARY 2 WEEK TEAM SCHEDULE: JUNE 29 – JULY 11

GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	NOTES
Jump Rope FX	7:00-9:00		7:00-9:00			5:00-9:00	8 HOURS
HELENA	5:30-8:30		5:30-8:30		5:30-8:30	12:00-3:00	12 HOURS
GREG / XB,XS,L4	5:30-9:00		5:30-9:00			1:30-4:30	10 HOURS
GREG/XG & L5	5:30-9:00		5:30-9:00			1:30-4:30	10 HOURS
SHOOTING STARS		5:00-6:30		5:00-6:30			3 HOURS
XCEL BRONZE		6:00-8:00		6:00-8:00			4 HOURS
XCEL SILVER		6:00-8:00		6:00-8:00			4 HOURS
XCEL GOLD		5:30-8:30		5:30-8:30			6 HOURS
OPTIONAL GIRLS	4:30-8:00		4:30-8:00		4:30-8:00		10.5 HOURS

If you have any questions regarding practice times, please contact the coach directly. Athletes will be permitted into the facility 5 minutes prior to practice start time.

Coach Paul: jbccoach@aol.com

Coach Helena: thorpehr@pwcs.edu

Coach Greg: hibar_pro@yahoo.com

Coach Mindy: youthsportsmindy@gmail.com