

YOUTH SPORTS SUMMER CAMP INDEMNITY

Signed separate Covid-19 document required

I fully understand that Youth Sports Staff members are not Physicians or Medical Practitioners of any kind. With the above in mind, I hereby release the Youth Sports Staff to render first aid to my child or children in the event of any injury or illness, and if deemed necessary by the Youth Sports Staff to call our doctor and to seek medical help, including transportation by a Youth Sports Staff Member or its representatives, whether paid or volunteer, to seek any health care facility or hospital, or the calling of an ambulance for said child should the Youth Sports Staff deem this to be necessary.

We, the staff of Youth Sports recognize our obligation to make our students and their parents aware of the risks and hazards associated with the sports of gymnastics, jump rope, trampoline, tumbling, cheerleading, and dance. Students may suffer injuries, possibly minor, serious or catastrophic in nature. Gymnastics, jump rope, trampoline, tumbling, cheerleading and dance, can be dangerous and lead to injury.

Parents should make their children aware of the possibility of injury and encourage their children to follow all safety rules and the coaches' instructions. The Youth Sports, its coaches and other staff members, will not accept responsibility for injuries sustained by any student participating in the Youth Sports Summer Camp Program. With the above in mind, and being fully aware of the risks and possibility of injury involved, I consent to have my child or children participate in the programs offered by Youth Sports. I, my executors, or representatives, waive and release all rights and claims for damages that I or my child may have against Youth Sports or its representatives whether paid or volunteer. I also affirm that I now have and will continue to provide proper hospitalizations, health and accident insurance coverage which I consider adequate for both by child's protection and my own protection. I also understand that it is the parents' responsibility to warn the child about the dangers of gymnastics and injury. The parent should warn the child according to what the parent feels is appropriate. Youth Sports will only warn the child through "Safety Messages" and our teaching styles and progressions.

I/We also give Youth Sports permission to use any videos or photographs of the participant for publicity or promotional purposes.

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Parent/guardian Signature: _____

Date: _____

Please Sign & Date Here

Youth Sports Gymnastics

SUMMER CAMP SCHEDULE 2020

Week # 1: June 15 - June 19

Week #2: June 22 - June 26

Week #3: June 29 - July 3 (Tumbling Camp)

Week #4: July 6 - July 10

Week #5: July 13 - July 17 (Cheer Camp 1)

Week #6: July 20 - July 24 (Girls Team Camp) \$235.00

Week #7: July 27 - July 31 (Boys Gymnastics Camp) \$235.00

Week #8: August 3 - August 7 (Cheer Camp 2)

Week #9: August 10 - August 14 (Jump Rope Camp) \$235.00

Week #10: August 17 - August 21

Week #11: August 24 - August 28

Week #12 August 31 - September 4

Gymnastics Camp is offered every week.

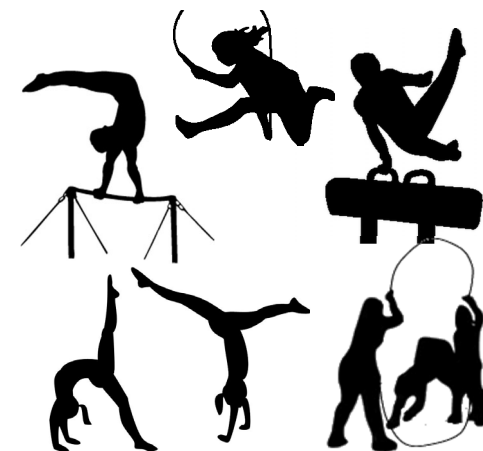
- Tumbling Camp is offered only on weeks #3 & #11
- Cheer Camp 1 is offered only on week #5.
- Girls Team Camp is offered only on week #6 \$235.00
- Boys Team Camp is offered only on week #7 \$235.00
- Cheer Camp 2 is offered on week #8
(above participation in week 5 is not required)
- Jump Rope Camp is offered only on week #9 \$235.00
- Tumbling Camp with Coach Nick is offered on Week #11

** Note Specialty Camps are offered in addition to weekly Gymnastics Camp. All day campers may combine specialty camps with gymnastics camp for the full day cost if age and ability appropriate. Boys & Girls Gymnastics, and Jump Rope Camp are full day camps at a specific cost of \$235.00. Half day camp is not available.

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NEW!
GYMNASTICS ~ JUMP ROPE
& FALL ACADEMIC CAMP
STARTING SEPT. 8

YOUTH SPORTS



YOUTH SPORTS

14023 Noblewood Plaza

Woodbridge, VA 22193

703-590-8400

www.youthsportsva.com



GYMNASTICS CAMP

YOUTH SPORTS, Virginia Training Center's Summer Camp Program gives kids of all gymnastics backgrounds and ages a chance to develop new skills, make new friends and above all have loads of fun! Gymnastics Camp is open to kids ages 5 - 15. The kids will participate in gymnastics, jump rope, arts and crafts, trampoline, movies and more. A schedule for the week will be handed out on the first day of camp. All full day campers will need to bring a face mask for use when not exercising, 2 snacks and a bag lunch each day. Campers also need to bring a water bottle with enough water for the day. Water fountain may not be used during the pandemic. Water is available in the vending machine at a cost of \$1. Names should be clearly labeled on all personal belongings. Personal devices are allowed, however they may not be shared and Youth Sports will not be responsible for loss or damage to the devices.

Multi-Family Sibling & Active Military Discount Available

FULL DAY CAMP 5-Days \$210.00

(Girls Team / Boys Gymnastics / Jump Rope Camp \$235.00)

Mon - Friday 7:00am-4:30pm (drop off as early as 7:00am warm-up and stretches begin at 8:30 am)

- Late pick-up after 4:30 available at an additional fee of \$5.00/Hour. (Must be pre-arranged and scheduled)

HALF DAY CAMP 5-days \$165.00

Mon - Friday 7:00 am-12:00 pm

DAILY RATE /PARTIAL WEEK

\$55.00/ Day \$40.00/Half Day

- Late pick-up available at an additional fee of \$5.00/Hour. (Must be pre-arranged and scheduled)
- **10% Sibling Discount** (discount taken after first child)

DEPOSIT & PAYMENT INFO.

A non-refundable deposit of \$25.00 is due for each week of registration for all camps. Deposit applied

SPECIALTY CAMPS

TUMBLING CAMP 12:30-3:30pm Beginner through advanced levels, ages 6-18. The campers will focus on the basic fundamentals of tumbling and progress into higher level skills. Register early to reserve your spot! Please bring a snack and a water bottle to camp each day.

PAYMENT INFO. Week 3 June 29-July 3

Monday-Friday 12:30-3:30pm **\$165.00 / WEEK 3**

CHEERLEADING CAMP (1) 12:30-3:30 pm. Participants will focus on strength and flexibility, jumps, motions, stunting, dance, basic and advanced tumbling skills. Cheerleading Camp is open to kids ages 6 -17. Tennis shoes, T-shirt and shorts should be worn each day. Please bring a snack and a water bottle to camp each day.

PAYMENT INFO. Week 5 July 13-17

Monday-Friday 12:30-3:30 pm **\$165.00 / WEEK 5**

GIRLS TEAM CAMP 9:00-4:00 All gymnastics girls team members from Shooting Stars, Levels 3-9 and Team Xcell! This will be an intensive week of goal setting and training as well as some extra curricular activities. Gym activities will begin at 9am and end at 4:00pm. (All Day)

PAYMENT INFO. Week 6 July 20-24

Monday-Friday 8:30-4:00 pm **\$235.00 / WEEK 6 (ALL DAY)**

BOY'S GYMNASTICS CAMP 9:00-4:00 Boys ages 5-18. Participants will learn compulsory elements and routines for the upcoming season. T-shirt and shorts should be worn each day. Gym activities will begin at 9am and end at 4:00pm. (All Day)

PAYMENT INFO. Week 7 July 27-July 31

Monday-Friday 9:00-4:00 pm **\$235.00 / WEEK 7**

CHEERLEADING CAMP (2) 12:30-3:30 pm. Participants will focus on strength and flexibility, jumps, motions, stunting, dance, basic and advanced tumbling skills. Cheerleading Camp is open to kids ages 6 -17. Tennis shoes, T-shirt and shorts should be worn each day. Please bring a snack and a water bottle to camp each day. Participation in cheer camp 1 (week 5) is not required.

PAYMENT INFO. Week 8 August 3 - August 7

Monday-Friday 12:30-3:30 pm **\$165.00 / WEEK 8**

JUMP ROPE CAMP 8:30-4:00 provides instruction from the beginner level through advanced masters level skills to students ages 5-17. Jump Rope camp is a all day camp Monday-Friday with instruction from 9:00AM-4:00PM. Register early! Athletic shoes, T-shirt and shorts should be worn each day. Please bring lunch, 2 snacks and a water bottle to camp each day. Jump Rope Camp performance Friday 3:30 PM

PAYMENT INFO. Week 9 August 10-August 14

Monday-Friday 9:00-4:00 pm **\$235.00 /WEEK 10 (ALL DAY)**

TUMBLING CAMP WITH NICK 12:30-3:30pm Beginner through advanced levels, ages 6-18. The campers will focus on the basic fundamentals of tumbling and progress into higher level skills. Register early to reserve your spot! Please bring a snack and a water bottle to camp each day.

PAYMENT INFO. Week 11 Aug 24 -Aug 28

Monday-Friday 12:30-3:30pm **\$165.00 / WEEK 12**

YOUTH SPORTS

Summer Camp Registration Form PARTICIPANT INFORMATION

Name _____

Address _____

Participant Age: _____ (must be 5 years old)

Date of Birth: _____

Health / Medications / Allergies _____

Please check week (s) of Camp registering For:

___1 ___2 ___3 ___4 ___5 ___6 ___7

___8 ___9 ___10 ___11

___ 1/2 Day \$165. / ___ Full Day \$210.00

___ Daily Rate \$55.

Please Check Days Attending:

___ Mon ___ Tue ___ Wed ___ Thu ___ Fri ___ 5 days

___ GYM ___ CHEER ___ TUMBLING ___

___ Boys Gymnastics Camp \$235.00

___ Girl's Team Camp \$235.00

___ Jump Rope Camp \$235.00

PARENT/GUARDIAN INFORMATION

First Name _____

Last Name _____

E-mail : _____

Emergency Phone # _____

Additional Phone # _____

INSURANCE / PHYSICIAN INFORMATION

Physician Name _____

Phone # _____

Insurance Co. _____

ID # _____

DEPOSIT / PAYMENT INFORMATION

Deposit: Cash ___ Check ___ CC ___ Date ___

PLEASE SIGN THE BACK OF THIS FORM

*** Register early to reserve your spot!**