

YOUTH SPORTS TEMPORARY 2 WEEK TEAM SCHEDULE: JUNE 15 - 27

GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	NOTES
Jump Rope FX			7:00-9:00			5:00-9:00	6 HOURS
HELENA		7:00-9:00		7:00-9:00	7:00-9:00	1:30-4:30	9 HOURS
GREG / XB,XS,L4	6:00-8:00		6:00-8:00			12:30-3:30	7 HOURS
GREG/XG & L5	6:00-8:00		6:00-8:00			12:30-3:30	7 HOURS
XCEL BRONZE		6:00-8:00		6:00-8:00			4 HOURS
XCEL SILVER		6:00-8:00		6:00-8:00			4 HOURS
XCEL GOLD		5:30-8:30				1:30-4:30	6 HOURS
OPTIONAL GIRLS	5:00-7:00		5:00-7:00		5:00-7:00	12:30-4:30	10 HOURS

If you have any questions regarding practice times, please contact the coach directly. Athletes will be permitted into the facility 5 minutes prior to practice start time.

Coach Paul: jbccoach@aol.com

Coach Helena: thorpehr@pwcs.edu

Coach Greg: hibar_pro@yahoo.com

Coach Mindy: youthsportsmindy@gmail.com